

Prayers and Squares
First United Methodist Church
San Diego, CA

Quilt Retreat

Date and Time: November 3, 2017 9:00 a.m. to 4:00 p.m.

November 4, 2017 9:00 a.m. to 2:00 p.m.

Leader: Ruth Heinrichs

This will make a quilt 50 by 63; 12 Blocks in a 3 by 4 configuration; each block is 13" square.

SUPPLY LIST

Pattern:

Double Square Star (video available at Missouri Star Quilt Co.)

Fabric Requirements and Cutting Instructions for Double Square Star:

If you are making a prayer quilt, you are welcome to "shop" in our Prayers & Squares stash in Linder Hall for most of your fabrics. If you are making a quilt that you intend to keep, you should furnish your own fabric. Purchase only 100% cotton fabric. Please launder and iron your background and border fabrics. Please try to do most of your cutting before the retreat so that you can start sewing right away. If you can't do that, there will be mats and rotary cutters at the retreat.

Main Fabric: The Double Square Star pattern is a charm pack pattern. A charm pack is a collection of five inch squares, usually 42 in a package. You might prefer to purchase a layer cake, which is 42 ten inch squares, and cut each square into four equal pieces. You can also cut your own five inch squares from fabric you have left from earlier projects.

In any case, you need to be able to pair matching fabrics in sets of two or three. For a prayer quilt you need 24 sets of two. They do not have to be 24 different prints. From each pair of 5 inch squares cut one square in four equal squares. You now have one set: a 5 inch block and two 2.5 inch blocks. If you have a third matching five inch square, you can make another set from the remaining 2.5 inch squares. You will need 48 matching sets with a total of 48 matching five inch squares and 96 - 2.5 inch squares. Be sure to keep the matching sets together.

Background fabric: You will need to purchase and bring 1.5 yards of neutral background fabric that will contrast well with your charm squares. Choose fabric which is a sharp contrast to your 5 inch charm squares. Choose a neutral fabric so that it doesn't detract from your double square stars

Cut your background fabric into 2.5 in strips. From these strips cut 48 five inch rectangles (5 X 2.5 inches) and 48 seven inch rectangles (7 X 2.5).

Border Fabric: You may also wish to purchase one yard of coordinating fabric for the border, a fabric that will coordinate all the squares in your charm pack. If you choose a directional fabric, you will need at least 1.25 yard for the border. You will need .5 yard for binding. This could be added on to your border yardage or it could be a different fabric that goes with your quilt top.

Summary of Fabric Requirements:

Main fabric: 5 inch charm squares – two should be from the same fabric, if you can cut 3 from the same fabric that is great. If you are purchasing charm packs, make sure to get at least 2 packages of the same pattern and color.

Border fabric: 1 yard of coordinating fabric of non-directional fabric. (If you have chosen directional fabric you will need at least 1.25 yards of fabric).

Background fabric: 1.5 yards

Binding fabric: .5 yard – it can be the same as your border fabric or pick up one of the colors in the border fabric or your charm squares

Supplies: Please mark your tools with your name. They all look alike otherwise.

6" by 12" ruler

9 ½" by 9 ½" ruler

Optional: 15" by 15" ruler

Cutting mat (if you want one by your machine)

Rotary Cutter with a good blade in it

Sewing Machine in good working order (if you need it the manual which accompanies your machine, bring it)

Neutral Thread to match background fabric – prefill 2-3 bobbins

Quarter inch presser foot

Extra sewing machine needles

Basic Sewing Supplies – scissors, pins, seam ripper, etc.